



PLAY & CONNECT SESSIONS

WHERE PLAY BUILDS LANGUAGE AND RELATIONSHIPS

Our Weekly Social Connection Group is a small, play-based group designed to gently support preschool-aged children to build social confidence, emotional understanding, and connection with others in a safe, nurturing environment.

Through guided play, creative activities, movement, and turn-taking games, children are supported to:

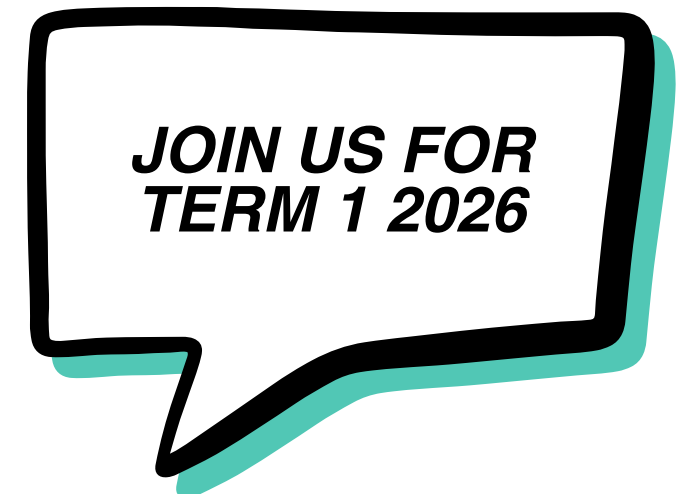
- Develop early friendship skills
- Practice sharing, waiting, and flexible thinking
- Build emotional literacy
- Increase confidence in group settings
- Strengthen communication and problem-solving skills

Groups are facilitated by two qualified therapists (Speech and Play Therapist) and are thoughtfully structured to ensure every child feels safe, seen, and supported. The focus is on connection, helping children learn through positive relationships and playful engagement.

This group is particularly helpful for children who:

- Are shy or hesitant in social settings
- Find big emotions hard to manage
- Are learning how to join in play with others
- Need extra support with communication and peer relationships

Sessions run weekly during school term and are capped at small numbers to allow for individual support within the group.



\$678

PER PERSON
FOR 6 WEEKS



NDIS AND
PRIVATE
PAYING CLIENTS
WELCOME



FRIDAYS 10.30-11.30AM
FEBUARY 13TH TO MARCH
20TH 2026

FOR CHILDREN 3-6 YEARS OLD

CONTACT US NOW!

0412455949
cathi.playfulsteps@gmail.com
sophie@lotstosay.com.au